

Madonna University

Athletic Training Room Policies and Procedures



Revised August 2008

Mission Statement: The sports medicine staff strives to maintain the health and wellness of MU student-athletes through the prevention, recognition, management, and rehabilitation of athletic injuries. Team physicians, certified athletic trainers, and student assistants work in collaboration to provide superior athletic health care services for the student-athletes of Madonna University.

General Overview

The certified athletic trainers and sports medicine staff at Madonna University work under the direct supervision of the physicians from Providence Athletic Medicine-Nov. Our team physicians are board certified in family practice with a specialty in sports medicine. Our team physicians are: Dr. Michael Montico, MD, Dr. Scott Eathorn, MD, Dr. David Peck, MD, and Dr. Gregory Cibor, DO.

Certified athletic trainers (ATCs) are professionals who specialize in athletic healthcare. They work under the direction of a physician and have extensive education and experience in injury prevention, assessment, care, and rehabilitation. Certified athletic trainers must complete a Bachelors degree program from an accredited institution and pass a national certifying exam to be eligible to practice. Like all healthcare professionals, they are required to keep current in their field by completing continuing education units (CEUs) on a regular basis. The certified athletic trainers and team physicians work together to provide superior athletic healthcare services to the student-athletes of Madonna University.

The sports medicine team will provide medical coverage, with its staff and/or students, for all official in-season practices and competitions. Every effort will be made to provide coverage for non-traditional seasons during the academic school year. Summer workouts or non-approved, off-season athletic events will not receive coverage.

If a student-athlete is injured while participating in an official intercollegiate sport activity they will be evaluated by a certified athletic trainer, provided immediate care, and referred for follow-up care, when necessary. Appropriate documentation of the injury/illness, including immediate management and follow-up plan, will be maintained in the student-athlete's personal athletic medical file.

Student-Athlete Privacy & Confidentiality

The content of a student-athlete's athletic medical file is considered Personal Health Information and is therefore protected by law. Personal Health Information (PHI) includes, but is not limited to: documentation regarding the nature and treatment of an injury/illness, medical history, pre-participation screening exam, participation status, insurance coverage and copies of any other medical records. Information obtained from any of these documents is considered **confidential**. The sports medicine staff of Madonna University will not disclose (written and/or verbally) any of the information contained in these records without the express written consent of the student-athlete. The signed consent form will be kept on file in the athletic training room.

Medical Procedures

1. All students wishing to participate in intercollegiate athletes at Madonna University must pass a yearly pre-participation health appraisal conducted by the team physicians from Providence Athletic Medicine. No exams from outside physicians (personal physician, walk-in clinic, etc...) will be accepted.
2. No student-athlete is allowed to participate in any sport activity until they are medically cleared by the team physician and the appropriate preseason paperwork is on-file in the training room.
3. Madonna University's team physician is the final authority with regard to all medical disqualifications, treatment, and return of the student-athlete to full participation. If an athlete is referred to a physician for care, a written release from that physician must be on file in the training room before the athlete is allowed to return to participation.
4. Student-athletes must have insurance information on file with the athletic department prior to any athletic participation at MU. All student-athletes are strongly encouraged to have a valid insurance policy in effect.
5. The athletic department is responsible only for those injuries incurred in athletic practices, scrimmages, games or conditioning sessions, provided the activity is directly supervised by an authorized Madonna University official.
6. Any referrals and/or appointments, for health care services pertaining to athletic injuries or illnesses, must be coordinated through MU's sports medicine staff. The University assumes no financial responsibility if a student-athlete fails to follow the proper procedures for obtaining treatment.
7. The athletic department is not responsible for dental work or replacing glasses or contacts other than what might occur as the result of participation in supervised athletics practices, scrimmages, games or conditioning.
8. Upon completion of eligibility and/or termination as an athlete at Madonna University, the athletic department will no longer be responsible for the individual's medical or dental injuries.
9. Directions by the team physician or certified athletic trainer will be implemented without alteration by the coach, parent, or student-athlete. Coaches will neither require nor permit an injured and/or ill student-athlete to participate in an event without medical clearance from the medical staff.
10. Failure to comply with any of these regulations relieves Madonna University, its department of athletics and medical staff from all liability and responsibility.

Athletic Training Room Policies

1. Use of the athletic training room is reserved strictly for student-athletes involved in the Madonna University intercollegiate athletics program.
2. Student-athletes are not permitted in the athletic training room without proper supervision.
3. Student-athletes must sign-in **EVERY** time they enter the athletic training room.
4. Student-athletes should report to the athletic training room for taping, treatment, and rehabilitation in proper attire (generally shorts and t-shirts).
5. Bags and sport equipment should not be brought into the athletic training room. These items should be left in the hall or locker room.
6. No food or drink is allowed in the taping or treatment areas.
7. Abusive and/or foul language, horseplay, loud talking, and/or loitering will not be tolerated. You will be asked to leave.
8. All student-athletes must shower before receiving treatment.
9. No supplies are to be taken from the athletic training room without the permission of a staff athletic trainer.
10. Student-athletes are not to operate equipment and/or perform “self-treatments”.
11. The phone, computer, and copy machine in the athletic training room are off limits to all student-athletes.

Student-athletes are expected to adhere to the rules and regulations at all times. Failure to comply with these policies will result in loss of training room privileges.